



Utility Bill Tracker

A year of bills on one page

General educational information. Savings depend on your home, climate and rates.
Leave gas, electrical and heating equipment work to qualified professionals.
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A year of bills

Write each bill's total. Compare with the same month last year, not last month.

Month	Electric	Gas or heating	Water and sewer	Internet	Phone	Total
Jan						
Feb						
Mar						
Apr						
May						
Jun						
Jul						
Aug						
Sep						
Oct						
Nov						
Dec						
Year						

Usage log

A higher bill can mean a higher rate or more use. Usage tells you which.

Month	Electric kWh	Electric rate	Gas therms	Water gallons	Notes
Jan					
Feb					
Mar					
Apr					
May					
Jun					
Jul					
Aug					
Sep					
Oct					
Nov					
Dec					

Real electric rate = (bill total minus fixed charge) / kWh used.

Settings checklist

Free changes. Tick them off as you go.

Heating and cooling	Done
☐ Thermostat schedule set for nights and away times	
☐ Winter: around 68°F awake at home, lower asleep or away	
☐ Summer: around 78°F at home, higher when away	
☐ Ceiling fans counterclockwise in summer	
☐ HVAC filter checked this month	
Water and laundry	Done
☐ Water heater at about 120°F	
☐ Laundry in cold water	
☐ Dishwasher full before running, heated dry off	
☐ Dryer lint filter cleaned every load	
Electronics	Done
☐ Instant-on modes off on TVs and consoles	
☐ Entertainment and office gear on switchable strips	
☐ Garage fridge or freezer needed? Checked with a meter	

Leak check

Two simple tests. Do them twice a year.

Meter test

Step	Reading or result
1. Turn off all taps and water-using appliances	
2. Write the water meter reading	
3. Wait two hours without using any water	
4. Read the meter again. Any change suggests a leak	

Toilet dye test

Toilet	Dye in tank	Color in bowl after 15 min?	Fixed (new flapper)
Bathroom 1	☐		☐
Bathroom 2	☐		☐
Bathroom 3	☐		☐

Plans and promotions

Write when each promo price ends. Call a month before.

Service	Plan	Monthly price	Promo ends	Call by

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